Taking My Medication

Livit
disability support

Your voice.
Our support.

1



Sometimes I feel sick. A doctor can give me medicine.

The medicine can help me feel better.

2



I can take medicine if my body hurts.

I can also take medicine if I feel very sad, worried, or angry.

3



The medicine needs to be picked up from the pharmacy.

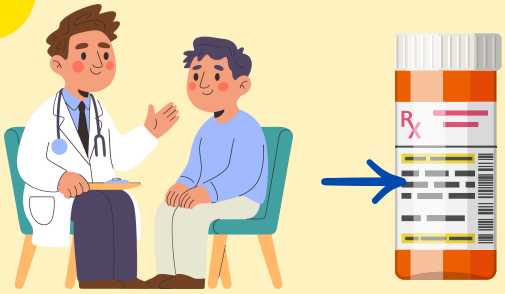
4



Some medicine is a tablet. I can chew it or swallow it.

Some medicine is a liquid. I can drink it.

5



I need to ask my doctor or read the label to know how and when to take my medicine.

6



I should always check with my support person before taking any medicine.

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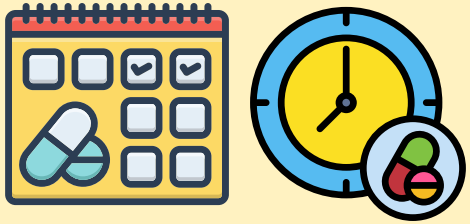
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7



I may need to eat food or drink water when I take my medicine.

8



Some medicines need to be taken more than once each day.
I can use an alarm or a note to help me remember.

9



At the hospital, I may take medicine at different times.
If I am sleeping, a nurse might wake me up so I can take my medicine.

10



Sometimes my body might feel weird after I take medicine.

I should tell a doctor or family member.